

## **SJE Volleyball FAQ**

### **Who can play?**

This a co-ed sport for boys and girls in grade 4-8. Grades 6-8 play in the CAL league. The teams are comprised with a mix of players from each grade. Grades 4-5 participate in the instructional program.

### **What do I need to play?**

Volleyball gear is a pair of sneakers and some kneepads. The St John's volleyball uniform is a t-shirt that is included with your registration fee.

### **How long are the games?**

The match consists of 3 games. The first team to score 25 points wins the game. Each game typically last 20 minutes. Plan for your match to last 1 hour.

### **How long is the season?**

Games start early April and ends in early June. Team practices start in March. We're hoping to have some open volleyball clinics if the level of interest is there.

### **Where are the games played?**

Like basketball, games are played in RI and Southern Mass. Games are usually Tues or Wed nights and some Saturday mornings. Teams practice once per week, usually Tuesday or Thursday evenings.

### **Do the high schools have volleyball teams?**

The Attleboro area high schools have girls' teams. There are a few Rhode Island high schools that have both boys and girls programs, such as La Salle and Mt. St. Charles. There are also CAL teams and local leagues for boys and girls who are in high school.

### **Do St. John's players ever get to play in high school ?**

Yes, quite a few actually. At a recent Attleboro vs Feehan volleyball match last fall there were close to 15 former SJE players in total from the 6 teams. There was a bunch more former CAL players on the Feehan team too.

### **Want to sign-up but still have a few more questions?**

Please contact Donna Melcher ([themelchers@comcast.net](mailto:themelchers@comcast.net)) or Mike Sheehan ([msheehan17@comcast.net](mailto:msheehan17@comcast.net)) They would be happy to answer any questions you may have.

See you on the court. Side-out.